

ALYSSA CYPHER

3827 Cabinet Way, Pittsburgh, PA, 15201

Phone: 412-298-7916

Email: alyssaecypher@gmail.com

CURRENT POSITIONS

Founding Executive Director, Inside Our Minds

Data and Communications Specialist, NAMI Keystone Pennsylvania

EDUCATION

University of Pittsburgh, Graduate School of Public and International Affairs

Master of Public Administration in Policy Research and Analysis

Minor in Security and Intelligence Studies

University of Pittsburgh, College of Arts and Sciences

Bachelor of Science in Psychology

Certificate in Russian and East European Studies

Concentration in Serbo-Croatian

Graduation Honors – Magna Cum Laude

PUBLIC TALKS AND WORKSHOP PRESENTATIONS

Self-Empowerment for Youth: Using Your Story for Change

20th Children's Interagency Conference

Office of Mental Health and Substance Abuse Services, Bureau of Children's Behavioral Health Services, Pennsylvania Systems of Care Partnership, Pennsylvania Child Welfare Resource Center

Unpacking Ableism: Perspectives from Living with Borderline Personality Disorder

Guest Lecturer, Duquesne University, Department of Psychology

Creating New Narratives for Individuals Living with Mental Illness

TEDxPittsburghWomen 2017

Entrepreneurship: Turning Hardship Into Opportunity

Will Allen Foundation, North Hills Quest for Success Program

Strategies for Families: Helping Your Child Cope with Anxiety and Mental Health Challenges

West Mifflin School District Parent Teachers Association

The Importance of Access to Meaningful Employment

The Americans with Disabilities Act 26th Anniversary Celebration, Downtown Pittsburgh

Recovery is a Journey

NAMIWalks Southwestern Pennsylvania Kick-Off

My Story of Living with Mental Illness

Beaver County Youth Ambassadors for Stigma Prevention

PANELS AND DISCUSSIONS

Nonprofit Careers Alumni Panel

Graduate School of Public and International Affairs, University of Pittsburgh

Community Engagement Experience

Duquesne University, Department of Psychology

Caffeinated Innovation Series on Mental Health

AlphaLab Innovation Works

Breaking Down Walls

South Hills Interfaith Movement

Recovery Presentations - Arsenal School District, Carlynton High School, Chatham University, Community College of Allegheny County South Campus, Carnegie Library of Brookline, North Allegheny High School, Robert Morris University, West Mifflin School District, Whitehall Public Library

RESEARCH EXPERIENCE

Qualitative Consultant

University of Pittsburgh Medical Center (UPMC)

Supporting Our Valued Adolescents (SOVA) Research Study

GRANTS AND FELLOWSHIPS

The Sprout Fund Community Seed Award

For Inside Our Minds and The Mental Illness Spotlight

2016-2017

U.S. Department of Education Foreign Language and Area Studies Fellow

2014-2015

U.S. Department of Education Foreign Language and Area Studies Fellow

2013-2014

PROFESSIONAL CERTIFICATIONS

Mental Health Advance Directives (MHAD) Training for Pennsylvania

November 2017

The Center for Victims

15-Hour Training in Restorative Justice and Conflict Management

July 2016

American Council on the Teaching of Foreign Languages

Oral Proficiency Interview (OPI) Rating of Intermediate High in Serbian

April 2015